



Personal Gear packing list for List For A Short Weekend Backpacking Trips In Spring and Fall

- Backpack (internal or external frame pack is fine)
- Sleeping bag (light weight for backpacking
 - can be rented from REI)
- Insulation pad (I have a couple extra pads I can loan)
- Small flashlight or head lamp (light weight)
- One or two water bottles filled with water (every Scout needs a total of 1.5 liters capacity)
- Hat with wide brim
- Sunglasses (optional)
- Sunscreen
- Plastic or metal plate and cup
- Plastic or metal utensils
- Hiking boots
- 2 pairs of hiking socks
- Light weight hiking pants (the Scout pants that have legs that zip off are ideal so they can also be worn as shorts)
- Class A Uniform (for travel to and from all trips)
- Class B Boy Scout T-Shirt (plus one extra T-Shirt)
- 2 pairs underwear
- Light weight jacket (i.e., windbreaker)
- One warm long-sleeve shirt
- Ski cap (for warmth at night)
- Poncho
- 2 large plastic garbage bags (one for laundry and the other to keep pack and clothing dry in case of rain)
- **Travel size toothbrush / toothpaste**
 - **Small container of "Wilderness Wash" soap (can buy at REI or Sports Basement)**
 - **Small container of hand sanitizer**
 - Small quick dry towel (or wash cloth or small hand towel)
 - Small personal hiking first aid kit (the troop will carry a larger first aid kit with additional supplies)
 - Matches

**The troop supplies group gear (stoves, fuel, tents, cooking gear, first aid kit, etc)